



# The Best Jalapeno Poppers

AKA: Keto Crack

## ingredients

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12 jalapeño peppers, sliced & seeded  
8 oz cream cheese  
3/4 heaping c of sharp cheddar  
1/2 lb bacon cut in half

### **MACROS: 2 poppers**

calories. 90  
net carbs. 1.5g  
protein. 2.5  
fat 8g

## directions

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Slice jalapenos in half lengthwise, clean out seeds and set aside..

Mix cheeses together and add salt to taste, stuff the peppers with cheese mixture using around 2 T.

Cut your bacon in half.

Wrap the stuffed peppers with 1/2 slice of bacon.

\*If you stretch out the bacon while wrapping, it prevents the bacon from drawing up while baking.